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RICHMOND PROGRESS

"The Friendly Newspaper That Dares to Tell The Truth"

Democratic, a Newspaper that stands solidly behind President Roosevelt and the New Deal

SIXTH YEAR | Richmond, California, Monday October 24th 1938 | NUMBER THIRTY-SEVEN

"It's in the Bag" For Olson, Downey, Patt'son

CHRISTMAS SEALS CAMPAIGN GETTING UNDER WAY

As the first leaves begin to fall from the trees, thoughts of those who would lend a helping hand to their less fortunate fellows turns to the annual drive for Christmas Seals.

The work which is done by this movement is not generally understood. Many perhaps feel that the entire funds are expended at Sunshine Camp which is the principal beneficiary of Contra Costa; but, as a matter of fact, much of the Christmas Seals donation in the last two years has been expended on the travelling flouroscope equipment which is used free for the benefit of the health of our children.

God bless the public-spirited ladies and gentlemen who go out and raise this money each year; and let us do our part by buying the reasonable amount of Christmas Seals when they are sent to us through the mail.

In charge of Richmond sale of the Christmas Seals this year are Mrs. Charles Renwick and Mrs. Walter T. Paasch, who will have particular charge of Point Richmond.

Mrs. H. Kammerer and Mrs. Dorothy Smith of Berkeley were the out of town guests of Mrs. H. N. Palmateer who entertained for them at her home on Cottage avenue last Thursday at a noonday luncheon.

Subscribe to the PROGRESS

In The WEEK'S NEWS

NOMINATED FOR GOVERNOR—District Attorney Thomas E. Dewey who prosecuted Hines in New York's famous numbers racket, has been nominated by the Republicans for Governor of New York. If elected, he will loom prominently as a Presidential Candidate in 1940.

DUMMIES PERHAPS — But what if they were real? Photos indicate the increased vision range of the 1939 Body By Fisher automobiles as compared to current models. In the interest of safety there is greater heighth and width of the windshield and generally increased glass area in all 1939 General Motors cars.

LARGEST LINER LAUNCHED—Queen Elizabeth, launched the world's largest ship, bearing her name at Clyde Bank, Scotland before a crowd of 300,000. The liner is 1030 feet long, displaces 85,000 tons and is a sister-ship to the Queen Mary.

LEAVES HOSPITAL — James Roosevelt, eldest son and secretary to President Roosevelt, accompanied by his wife, as he left the hospital at Rochester, Minnesota, where he underwent an operation.

CHIC DINNER DRESS — This Balmain dinner gown of black crepe has long sleeves fashioned entirely of silver sequins except for the tiered design on the elbow. It has a flattering V neckline, and is worn with a dashing little sequin and velvet headdress.

TOPS IN GOLF EARNINGS — After a bracing cup of coffee, Sam Snead went out to clinch his victory in the Westchester, 108-hole open golf championship at White Plains. The $5,000 prize he won brought his earnings to an all-time high for golf winnings in a year, his total reaching $17,573.

Amendment No. 1 to lose, also

As the general election campaign of 1938 enters its final two weeks the outcome becomes more and more apparent—this year will witness a smashing Democratic victory.

Scarcely anyone who is in the slightest way conversant with political history and the political factors in California is any doubt whatsoever.

Downey Is a Cinch

Most generally conceded is the election of Sheridan Downey as United States Senator over the reactionary Phillip Bancroft of Walnut Creek, who, his neighbors are sorry to admit spends most of his time organizing such un-American, labor-baiting organizations as the Associated Farmers, which sponsors the pro-fascist and iniquitous Amendment No. 1—which, by the way, since being fostered by Bancroft's Associated Farmers, he now finds it too hot to declare himself on it. (As if, with Bancroft's scab-herding record, he could do anything but vote for it. Even tho such arch blue-breasts as Chester Rowell are against No. 1!)

Bancroft is a Joke

No, candidly, it looks as if the nomination of Bancroft is more of a joke than anything else. How nearly 300,000 Republicans ever voted for this 15-cent-an-hour Mexican and Japanese-hirer in the 1938 primary will always remain a puzzle as well as a disgrace. But that figure just about reaches his total vote in the general election, whereas Sheridan Downey's vote will closer approximate 2,000,000 in the greatest senatorial landslide in California history.

Olson Favored Over Merriam

Much the same result may be expected in the gubernatorial election—with Senator Culbert L. Olson running far ahead of Old Marbletop, as our present Governor F. F. Merriam is often more or less affectionately called.

The difference in majorities is, of course, in no sense a reflection on Senator Olson's superior qualifications—'cause no matter how hard he might try, Governor Merriam could never be as dumb politically as Downey's opponent Mr. Bancroft.

In fact, Gov. Marbletop has already trotted out his Townsend Plan pid—which as Arthur Cayor, in the S. F. News writes, "in 1934, the T. P. saved Merriam between the death notice and the funeral." Plus the fact that Upton Sinclair was a great writer of what some thought were anti-religious books; and this year we Democrats sit back and get ready to bask in victory because neither Olson or Downey have written such books. Ain't it a grand and glorious feeling

Oh? Patterson? Yep, it is in the bag for him, too! To say nothing of the re-election of Assemblyman Harold F. Sawallisch and the rets of the Democrats.

YOUNG DEMOCRATS HOLD HALLOWE'EN PARTY

A Hallowe'en dance will be given by the Young Democrats in the Baker Studio last Friday night at which the political candidates were in attendance as well as the executive board of the organization from San Francisco.

The business session was conducted by President Joe Kenny after which refreshments were served and a social hour followed in which dancing was the featured entertainment.

RE-ELECT

HAROLD F.

SAWALLISCH

ASSEMBLYMAN
CONTRA COSTA COUNTY

A practicing attorney in Richmond, who grew up in this county, and who, as a day laborer, worked his way through night law school, receiving his degree.

Co-author Old Age Security Act. Leader of fight to eliminate bridge tolls. Chairman, Assembly Interim Committee on Motor Vehicles. Member, California Commission on Inter-Governmental Cooperation. Member State and Contra Costa County Bar Associations.

KEEP YOUR FRIEND IN THE ASSEMBLY

Your Support and Vote Will Be Deeply Appreciated.

Mrs. Claire Donnerwirth entertained her mother from Chico this week, at her home on Martina street.

Mrs. J. Barker who has been visiting her daughter in Reno for the past month, returned to her home on Santa Fe avenue last week.

Mr. Leslie Stanley of Crescent City will spend the week end with his mother on Belvidere avenue.

Weekly News Review

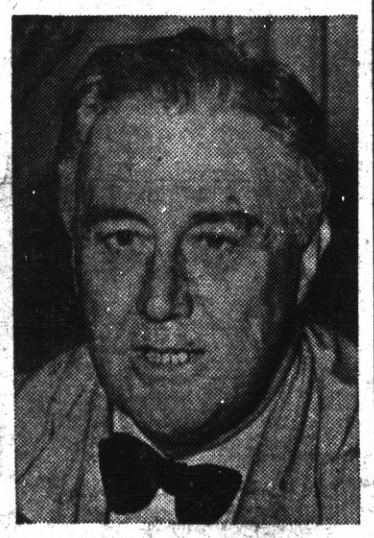
President's Peacemaker Role Seen as Campaign Strategy

by Joseph W. La Bine

Politics

On Tuesday, November 8, the United States will elect an entire house of representatives, one-third of its senate and a host of governors. Since U. S. politics swings back and forth from Republican to Democratic domination, since the Democratic swing which began in 1933 has reached and passed its peak, the safest prediction is that Republicanism will start swinging back into power this year.

Obviously, it is Franklin Roosevelt's ambition to stymie a Republican comeback. But his chief interest in last summer's primaries was not Republicanism, but the construction of a coherent liberal party through so-called "purge" tactics. Since "purge" failed, since preservation of New Deal gains already made is now more important than



FRANKLIN ROOSEVELT
At election time, a peacemaker.

party purification, November's election has resumed normal political color for the first time since 1930.

As in 1936, this year's Republican candidates can base a strong campaign on New Deal failure. Unlike 1933 and 1936, this year's Democratic campaign becomes essentially a defensive proposition. But developments of the past month show that the New Deal's defense will not feature such argumentative points as AAA, relief and budget-balancing, will attempt instead to shift public interest on Franklin Roosevelt's accomplishments as a peacemaker. Three points of peace:

World Peace: The world may never know if President Roosevelt helped smooth over the Czech-German crisis, but his final message to Adolf Hitler and simultaneous pleas to every other world power came only a few hours before the Reichsfuehrer called his historic Munich parley. But, coming when it did, Roosevelt intercession looked tremendously successful. Thus, praising the administration's foreign policy as a safeguard to world peace, Democrats hope the voting public will overlook the fact that Munich's meeting did nothing to help democracy's cause, was instead a bloodless victory for Germany.

Business Peace: If the administration's foreign policy helped win world peace, it also helped U. S. business. Upshot has been a tremendous stock market upturn, greater steel and automobile production, higher railroad carloadings. But part of this upturn is also due to governmental "pump priming," which is just beginning to show its effect. Nevertheless these signs of optimism came at a time when U. S. business decided to quit warring on the administration, choosing instead to play ball until a Republican government throws out New Deal measures which it considers oppressive. President Roosevelt has asked for less "saber rattling" and more cooperation between government and business. Charles Hook, president of the National Association of Manufacturers, has assured him that business is eager for co-operation. Thus, Franklin Roosevelt looms as a peacemaker with business.

Industrial Peace: When the American Federation of Labor convened in Houston, Texas, the President messaged his desire for a settlement of the factional war between A. F. of L. and John Lewis' Committee for Industrial Organization. Obviously a solid labor front, thoroughly New Deal, would be a potent vote getter. How it could exercise this solidified strength against employers is an unpleasant thought, but the average business man is inclined to hope a patch-up will bring more conservatism to labor. Though the President's peacemaking effort has completely failed, the nation may well appreciate his gesture.

Despite the political connotations these peace efforts must certainly carry during election season, the President's self-chosen role of arbiter wins favor with a war-weary U. S. populace. Whether this popular appeal will overshadow Republican criticism on November 8 is anybody's guess.

Domestic

In 1930 the census showed 25.3 per cent of all U. S. women over 16 were gainfully employed. By 1937, said John D. Biggers, resigning as head of President Roosevelt's unemployment census, the percentage had jumped to 31.7. Reasons: (1) technical and cultural changes; (2) economic necessity. Mr. Biggers found the corner bakery and laundry relieved Mrs. Housewife of many duties, leaving her free to boost the family's income or replace an unemployed husband as breadwinner.

His comment: "This is an economic and social trend worthy of consideration."

A much more blunt comment came from the Rt. Rev. Msgr. Fulton J. Sheen, famed radiorator and faculty member of the Catholic university at Washington: "The only real success for a woman, the only real vocation is motherhood . . . Why be equal to men when you are superior?"

● Until this year, most U. S. citizens regarded the foreign spy as a comic strip and fiction character, although government intelligence officers have long known the nation is infested with agents from Russia, Germany, Italy and Japan. First real action to combat spies is the house committee on un-Americanism which has heard evidence connecting espionage with everyone from Shirley Temple to unnamed industrial magnates. Incoherent though its findings may be, the un-Americanism committee has crystalized enough U. S. sentiment to demand action. After reviewing the situation, President Roosevelt has laid plans for co-ordinating the work of such spy seekers as the army and navy intelligence departments, federal bureau of investigation, secret service and other treasury law enforcement units. Already in operation is a new law requiring all agents of foreign principals to register with the state department. Though the measure has no teeth, it will enable the U. S. to keep an eye on propagandists, thereby paving the way for action against spies.

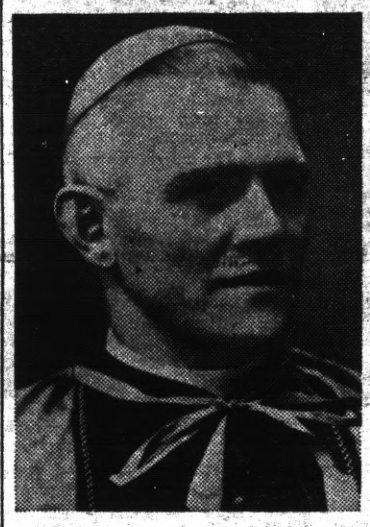
● Regardless of who holds power when civil service is expanded, it will create furore in the minority ranks because present job-holders will be favored. On this assumption, a furore will come in Republican ranks February 1 when 81,000 Democratic workers in so-called emergency agencies are moved into civil service classification. Another 44,000 may be added later.

Religion

Last March, just before Reichsfuehrer Adolf Hitler marched into Austria, Vienna's Theodore Cardinal Innitzer urged Catholics to vote for German annexation as a means of blocking Communism. Though Cardinal Innitzer knew German Catholics had suffered at the Reich's hands, he plumped for Nazism because Herr Buerckel, Hitler's representative, had quoted the Saviour: "Render unto Caesar that which is Caesar's and unto God that which is God's."

Criticized by the Vatican, Cardinal Innitzer moreover was to learn that "Caesar" Hitler would take all he could get, shearing every vestige of power from the Catholic church. Early in September the cardinal protested when marriage was made a state affair, when Catholic schools were frowned upon, when Catholic nuns were ousted from hospitals. Later he complained when priests were denied the right of administering church comforts to political prisoners. The state, it was apparent, strove to push Catholicism into the background, to raise Austrian youth in Nazi ideology instead of Catholic theology.

When Cardinal Innitzer protested, a mob strongly reminiscent of the Middle ages descended on his palace, made it a shambles, threw 60-year-old Father Johann Kravanik from a second-story window. The



THEODORE CARDINAL INNITZER
After Naziism, he changed his mind.

Cardinal himself was cut by flying glass but appeared next morning at Vienna's famed St. Stephen's cathedral.

Only official Nazi answer to Vatican protests has been shoulder-shrugging, but Vienna's mob scene may have far-reaching effects. Already seen is a surging German religious revival which is bound to crash headlong into the state's domineering program. From this point, Germany might either become an anti-Christ state or modify its religious position. Meanwhile, church and state are girding for battle.

Taxation

Though campaigning politicians do not speak of it, next winter's congress will probably turn the income tax headache into a nightmare. With another federal deficit in prospect, with high income brackets already taxed to the limit, the solution will be a broadening of tax base on middle and low income groups, i. e., the man making less than $50,000 a year. Present exemptions are $1,000 for single persons, $2,500 for married persons, with $400 extra for each dependent under 18 years of age. If 2,067,736 persons filed 1935 returns on that basis, an estimated 8,400,000 would yield from $200,000,000 to $500,000,000 more under the proposed plan for reducing exemptions to $500 for single persons, $1,000 for married persons and $200 for dependents. Chief victims would be those now paying in the low income brackets, a prospect that bodes virtual political suicide for any congressman who favors the measure. Only alternative would be federal sales taxation, which "horrified" President Roosevelt when he first took office and has since been a dead issue.

War

To the Japanese soldier clawing his way toward Hankow, the prospect has been discouraging. Even if he survives the stubborn, bloody Chinese resistance, even though he helps raise the Jap flag over Hankow, the war will not be over. Nippon has announced Hankow as the final objective, and it probably will be taken soon. But Chinese Generalissimo Chiang Kai-shek insists his people will continue to resist.

His latest statement: "If Japan does not abandon aggression and withdraw her instruments of invasion, and if she does not restore China's territorial and administrative integrity, there can be no peace . . . The longer our armed resistance continues, the stronger will our determination grow."

General Chiang's prophecy is already fulfilled. Though Chinese have won no spectacular victories, Japan's drive up the Yangtze to Hankow has cost more casualties than any previous phase of the war. Every indication is that Japan will never control more than rivers, railroads and highways, that huge and lumbering China will eventually assimilate whatever permanent Japanese population is sent over to administer the conquered territory.

● A weird combination of communistic-democratic government rules Loyalist Spain, plainly holding the sympathy of democratic France and England. Rebel Spain has the support of totalitarian Italy and Germany. Since the totalitarian team beat the democratic team at Munich's recent peace parley, Loyalist Spain wonders if she will not become another Czechoslovakia, sold down the river to keep peace in Europe's quarreling family. This theory has been borne out in talk of an Anglo-French-Italian pact whereby Italy would withdraw the support to Rebel Spain (a move already started), whereby France would close her border against arms shipments to Loyalist Spain. Thus isolated, Spain's civil warriors would eventually be brought to talk peace. Since France and England are anxious to keep Italy's good will, there is every reason to believe that ultimate victory would come to Premier Benito Mussolini's very good friend and ally, Rebel Generalissimo Francisco Franco.

Medicine

Science has long known that while cancer is not directly hereditable, children may inherit a susceptibility. Pioneer worker in this field has been the University of Chicago's Dr. Maud Slye, who has found by studying white mice that (1) some are susceptible and some are not, and both tendencies are hereditable; (2) that susceptibility may be breeded out. Believing that what works with white mice will work with humans, Dr. Slye recently made the startling proposal that Illinois create a medical pedigree bureau which would trace the family tree of each prospective bride and groom. Its purpose: To avoid intermarriage between cancerous families. Confronted with the disastrous effect such a system might have on romance, Dr. Slye remained adamant: "Don't worry about romance. Romance will take care of itself. But knowledge can be applied even to romance."

Foreign

Since the notorious peace of Munich, almost every day has seen the stars of Great Britain and France descend to new lows, torn by dissention from within, heaped with ridicule from without. Hardly had Alfred Duff Cooper resigned from the British cabinet in protest against Prime Minister Chamberlain's "sell-out" before Winston Churchill arose in the house of commons to state his views. He prophesied that England will be dependent on German good will for its very existence. "We have sustained defeat without war, and the whole equilibrium of Europe has been changed," he summed up.

That Prime Minister Chamberlain agrees is shown by his insistence on a high-speed rearmament program, a move quite contradictory to his Anglo-German peace pact and his treaty with Italy. It is an admission that not even Mr. Chamberlain trusts Adolf Hitler or Benito Mussolini very far.

Meanwhile, France has been quick to make peace with Italy by recognizing her conquest of Ethi-

WINSTON CHURCHILL
He, among others, was ashamed.

opia. Her parliament, by overwhelmingly approving the Munich pact, agreed that no price was too high for peace even though it meant relegating France to the position of a second-rate power. But sorely-taxed Frenchmen want to know why they must pay for a huge army and navy that refuses to fight.

There are other signs, as well. The resignation of Czech President Eduard Benes in the face of growing public sentiment against weak-kneed democracies, indicates that Czechoslovakia is giving in to demands for co-operation with the Rome-Berlin axis. It is almost humorous to reflect that Great Britain has agreed to defend Czechoslovakia's integrity. Even more tragic is Chancellor Hitler's demand for reparations from Czechoslovakia, to be paid out of the $150,000,000 loan recently granted the Czechs by Great Britain.

With central Europe turned over completely to dictatorship, with Russia breaking her French alliance and crawling back into silence, France and Britain apparently stand alone, friendless, merely tolerated by their "friends"—Italy and Germany.

● Stripped of their power, English kings exist largely as a symbol of Empire, hold their jobs mainly in return for the sentimental bond that keeps Britain's far-flung possessions welded in unity. But sometimes the sentimental bond loosens alarmingly, as during the recent German-Czech crisis when several British colonies rebelled at the idea of helping England in a war. To help tighten the bond, King George VI and Queen Elizabeth will visit Canada next summer, becoming the first reigning British monarchs to set foot on New World soil. But observers think there is still another purpose, that England's king and queen will visit the United States and seek added American support for badly slipping Great Britain.

Happenings in Point Richmond

Brief Items of Interest to Residents of the Original City of Richmond

By KATHERINE McCRACKEN

Telephone Richmond 691-W

N. D. G. W. HOMELESS CHILDREN'S WHIST

A Richmond social event of unusual interest is the Annual Whist given by the local parlor of the Native Daughters of the Golden West for the benefit of homeless children. Locale of the affair for this year is the Richmond Clubhouse on Tuesday November 1st. Committee in charge of the affair are two popular matrons, Mrs. Claire Schmidt and Mrs. Gertrude Paasch. The score cards are 35 cents.

The Point Richmond Grove of Druids will give a public whist party on November 1st in Memorial Hall. H. Gilmore will represent the Grove and Mrs. Marie Cerilono, the Circle.

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P. T. A. CARD PARTY

The Washington School P.-T.A. card party scheduled to be held this week has been postponed until October 26th at which time a desert luncheon will be served prior to the beginning of the games at one o'clock. Mrs. O. F. Huffstetter has charge of the prizes and there will be a fine array of them.

Ham & Eggs seems to be a major issue in the political field as well as in the private home. Now, I do not pretend to understand the economic merits or demerits of the situation; but like the man, newly arrived from the Klondyke, when asked what he liked best for his first good meal, asked for "$30.00 worth of Ham & Eggs" needless to state I like the standard American dish myself.

Mr. and Mrs. J. P. Downey and their son, Alan, together with Mrs. J. A. McMinamin of Crest avenue are reported to have caught the limit of fish while at Lodita last week end.

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CIVIC CENTER CLUB IS HOST TO STATE CHIEF OF THE FELERATED CLUBS

The Civic Center Club gave a luncheon for Mrs. J. E. Taylor of Oakley, president of the Alameda District of Federated Women's Clubs.

The hostesses for the affair were Mrs. Marie Rasmussen, Mrs. Bessie Cole and Mrs. Ethyl Magart. The table was laid in the home of Mrs. Rasmussen and decorated with baby yellow and bronze chrysanthemums in a very charming effect.

Mrs. Taylor made an interesting talk around the fact that in unity there is strength and stated that there are 665 affiliated clubs in the state with a membership of over 50,000 women. She told of the early history of the different clubs and the manner in which funds for the district convention will be raised which was termed the Mythical Milestone.

The business meeting was conducted by Mrs. Minnie Davis, the president of the club, during which Mrs. Taylor made her address, after which she was presented with a gift from the club by Mrs. Davis.

The District Secretary, Mrs. Leo Viano, spoke on the subject of Radio, of which committee she is the chairman. She spoke concerning the plans for a radio program which will be broadcast on local, national, and international affairs. The secretary shared the honors of the Federation with the president.

New members of the local club were welcomed and plans were made for a special meeting in their honor in November.

The next district meeting will be held in the Hotel Oakland at which time plans will be made to entertain the State Federation in May.

At the next meeting of the Civic Center Club, in November, Police Captain Cundy will present a moving picture depicting traffic safety methods and a talk on the safety program now in progress in Richmond. Mr. E.I.De Laveaga of Orinda will bring up the amendments on the November ballot for discussion.

O. L. M. MEN TO HAVE CHARGE OF TURKEY WHIST

The men of Our Lady of Mercy parish are arranging for a grand Turkey Whist to be held on November 15th in the parochial hall.

These whists are very popular on account of their diberal prizes and this time a $5.00 turkey will be awarded as a door prize and there will be a $3.00 turkey for each third table.

READ THE PROGRESS

PROMINENT WOMEN PLAN FOR FAIR

Presented by the California State Commission and pictured above are distinguished California women—l aders in many fields of endeavor—who met recently in San Francisco to discuss plans for the entertainment of millions of visitors to the 1939 Exposition on Treasure Island. Seated, left to right, are: Mrs. Angelo J. Rossi, wife of the mayor of San Francisco; Mrs. Florence P. Kahn, former congresswoman from California; Dr. Aurelia Henry Reinhardt, President of Mills College. Standing, left to right: Mrs. L. E. Mullally, Oakland; Mrs. Kathleen Norris, celebrated novelist; Mrs. H. L. Murch, Glenn County; Mrs. M. G. Haigh, Glenn County; Mrs. J. P. Branley, Plumas County.

EYES ARE AT WORK EVERY WAKING HOUR

Give them
Better Light for Better Sight

Your eyes need plenty of good light for reading newsprint. *Play safe with at least 200 watts . . . the right size lamp*

Your eyes will enjoy reading in bed more with this pinned-up I. E. S. wall model. *100 watts is the right size lamp*

Make study and games easier for busy young eyes. *Suggestion: a 150 watt bulb in an I.E.S. Study Lamp*

USE THE RIGHT SIZE LAMP

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LIGHT AND SHINE FOR '39

184W-1939

Man and Horse Win Golden Gate Swim Wager

Blackie, equine swimming star, in company with his owner and trainer, Ritchie Roberts, swam the treacherous waters of the Golden Gate to break existing records and win a bet with William Kyne, sportsman. The 12-year-old gelding's prize for negotiating the mile-wide entrance to San Francisco bay was a ton of hay. Photograph shows Blackie and his owner.

Taking Soft Ball to Japan

Some members of the squad of 31 girls from all parts of the United States who sailed for Japan where they will introduce the game of soft-ball. Left to right are Dorothy Day, manager, of New York; Genevieve Best of Indianapolis, Masuko Fujioka of Los Angeles, and Muriel Cox of New Orleans, wearing the uniform with its crossed flags.

Sophomore Flash Is Fordham Hope

This is Stanley Lewczyk, halfback of Fordham university football squad, and any coach's pride. Stan is a nifty runner and reminds the spectator of the great Joe Granski. His nickname is Lefty and he specializes in the "Big Apple," especially in the open field.

Maine Governor Wins Potato-Picking Duel

Republican Gov. Lewis O. Barrows of Maine, left, and Democratic Gov. Bazilla W. Clark of Idaho are shown as they competed for the gubernatorial potato-picking championship of the western hemisphere in "Bot" Smith's hilltop field at Fort Fairfield, Maine. The chief executive of the Pine Tree state, with height and reach on his side, picked 201 pounds of potatoes in five minutes, compared with 197 pounds by the Westerner. A crowd of 4,000 persons stood in the rain to watch the unprecedented contest.

WOMAN COMMANDER

Commander of a full-fledged American Legion post, not an auxiliary, is Mrs. Pearl Vetter of Miami, Fla. The commander of the only all-woman post in Florida served as a yeomanette in the World war.

Young Celebrities at Tennis Matches

Gloria Lloyd, daughter of Harold Lloyd, the comedian, watches the Pacific Southwest tennis championships at Los Angeles with Franklin K. Lane Jr., grandson of the former secretary of the interior.

Travel From Alaska for Operation

Vadra Janice Fleck, five-month-old daughter of Mrs. Elroy Fleck of Juneau, Alaska, was born with a cleft palate and other abnormal throat disorders. Mrs. Fleck is taking the baby to the Shriners hospital for crippled children at Portland, Ore., where an emergency operation will be performed to enable the child to eat solid food again. Photograph shows the mother and infant on their arrival in Seattle from Alaska.

RICHMOND PROGRESS

"The Friendly Newspaper That Dares to Tell The Truth"

Entered as second-lass matter at the Post Office at Richmond, Californfnia, March 15th, 1935, under the Act of March 3, 1879 Sec. 4460 of the Political Code by the Superior Court of Contra Costa County, State of California

Harry R. Burt, Editor and Publisher

Published Every Monday at 24 W. Richmond Av., Richmond, California

Member of the California Newspaper Publishers Association

The RICHMOND PROGRESS is a continuation of and entitled to all the rights of the POINT RICHMOND PROGRESS. Estab. 1933. Subscription rates: $2.00, the year; $1.25, six months; 75c, 3 mos.

Operator Goes "Up" During Hotel Fire

True to the traditions of the telephone service, Miss Anna Reilly, an operator for the Bell T[illegible]one Company of Peunsylvania [illegible]ladelphia, volunteered for d[illegible] an unusual emergency not long [illegible].

On vacation in New York City, Miss Reilly was awakened at 4 A. M. in her room high up in one of the city's big hotels by the smell of smoke. Instinctively she turned to the telephone and notified the operator of the hotel switchboard that there was a fire. A moment later she called again. "I'm a telephone operator," she said to the girl at the switchboard. "Do you need help?" "Indeed we do," came the reply. "Everybody in the hotel seems to be calling." "I'll be right up," said Miss Reilly.

Acme News Pictur

MISS ANNA REILLY

On vacation in New York from her work as a telephone operator in Philadelphia, she helped the operators at the private switchboard handle a flood of calls resulting from a fire in the hotel where she was staying.

Living Successfully

Live so that your yesterdays may be blessings, your todays opportunities, and your tomorrows, rewards.

Our Forefathers

Our forefathers may have had lower standards of comfort, but they did possess far higher standards than we of thankfulness and content.

Reno and Los Angeles

Reno, Nev., is farther west than Los Angeles, Calif., by about one [illegible].

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Read it in the PROGRESS

LEGAL NOTICE

NOTICE TO TAXPAYERS

OFFICE OF THE COLLECTOR OF COUNTY TAXES, MARTINEZ, CALIFORNIA, COUNTY TAXES OF THE FISCAL YEAR 1938-1939:

Notice is hereby given that the undersigned Tax Collector of the County of Contra Costa, State of California, is in receipt of the assessment books of said County of Contra Costa, and that in compliance with the provisions of Section 3746 of Political Code of the State of California, notice is hereby given that the assessment books for county taxes for the year 1938-1939, on all property within the County of Contra Costa, have been received by me, and that the taxes as shown by said assessment books will be due and payable on November 1st, 1938, this date being fixed by me as Tax Collector of the County of Contra Costa, in accordance with Subdivision 8, Section 3746 o the Political Code, as amended, which states that: "The Tax Collector may fix a date in advance of the due date (November 1), when payments may be made," at my office in the Court House of said County of Contra Costa State of California in the city of Martinez, Contra Costa County, State of California, (every day except legal holidays) during office hours, on and after November 1st, 1938, and as follows:

The taxes on all personal property secured by real property, and one-half of the taxes on all real property in the said County of Contra Costa, will be due and payable on Tuesday, November 1st, 1938, at my office in the Court House of said Contra Costa County, situate at the corner of Main and Court Streets, in the City of Martinez, every day (not a legal holiday), during office hours, as fixed by law, and will be delinquent on Monday, December 5, 1938 at 5 o'clock P. M., of said day, and that unless paid prior thereto, eight per cent will be added to the amount thereof and that if said one-half be not paid before Thursday, April 20, 1939, at 5 o'clock P. M., an additional three per cent will be added thereto.

And notice is further given that the remaining one-half of the taxes on all real property in said County of Contra Costa, for the year 1938-1939 will be payable to the undersigned Tax Collector of said County of Contra Costa, as aforesaid, at the office of the Tax Collector, as aforesaid, on and after Friday, January 20, 1939, and will be delinquent on Thursday, April 20, 1939, at 5 o'clock of said day and that unless paid prior thereto, three per cent will be added to the amount thereof.

Notice is hereby further given that all taxes may be paid at the time first installment, as herein provided, is due and payable.

And notice is hereby further given that in compliance with said Section 3746 of the Political Code of the State of California, on and after Tuesday, November 1, 1938, all the taxes, whether first or second installment before delinquency thereof, or if delinquent, together with the percentage, added thereto, as is above set forth, may be paid at my office, as aforesaid, at any time during business hours, as aforesaid, on and after Tuesday, November 1, 1938, and upon such full payment being made full receipts for the taxes, both first and second installments, will be given in compliance with the law.

Dated at Martinez this 24th day of October, 1938.

S. S. BOYD
Tax Collectoir of
Contra Costa County

Now Open . . .

THE BANK CLUB

(MEDO and CAREY)

BILLIARDS • GAMES

BEVERAGES

201 Washington Ave. Pt. Richmond

LEGAL NOTICE

SUMMONS
No. 23129

In the Superior Court of the State of California in and for the County of Contra Costa.

M. A. MARCHESE, Plaintiff, vs. CONTRA COSTA COUNTY TITLE COMPANY, COUNTY OF CONTRA COSTA, and the CITY OF RICHMOND and also all persons unknown who have or claim any interest in or lien upon the real property herein described, Defendants.) No. 23129. Action brought in the Superior Court of the County of Contra Costa, State of California, and the Complaint filed in the office of the County Clerk of said County. WM. R. JOHNSTON, Attorney for Plaintiff.

THE PEOPLE OF THE STATE OF CALIFORNIA SEND GREETING TO:

CONTRA COSTA COUNTY TITLE COMPANY, COUNTY OF CONTRA COSTA, and the CITY OF RICHMOND and also all persons unknown or who have or claim any interest in or lien upon the real property herein described, DEFENDANTS.

YOU, AND EACH OF YOU, ARE HEREBY NOTFFIED that an action has been commenced against you in the above entitled Court by the above named plaintic for the purpose of partitioning that certain real property, situate, lying and being in the City of Richmond, County of Contra Costa, State of California, described as follows:

All of Lot numbered one (1) in Block numbered forty-two (42), as said Lot and Block are laid down, delineated upon that certain map entitled "Richmond Annex, County of Contra Costa, California 1912", and filed in the office of the County Reconder of said County of Contra Costa in Volume 302 at Page 158, on the 18th day of March, 1912.

And you are hereby directed to appear and answer the complaint and action entitled as above, brought against you in the Superior Court of the County of Contra Costa, State of California, within ten days of the service on you of this summons, if served within this County, or within thirty days if served elsewhere.

And you are hereby notified that unless you appear and answer as above required, the said plaintiff will take judgment for any money or damages in the complaint as arising upon contract, or will apply to the Court for any other relief demanded in the complaint.

Given under my hand and the seal of this Superior Court at the City of Martinez, County of Contra Costa, State of California, this 17th day of October, 1938.

S.C.WELLS, Clerk.
By L. R. GEYER,
(SEAL) Deputy Clerk.

Publ. Oct. 24, 61; Nov. 7, 14, 21, 28; Dec. 5, 12, 19.

QUESTION—
Where can I take my wife and family to Eat?
ANSWER—
Take them to the prettiest Dining Room on The Point.

EAGLE CAFE

57 Washington Avenue

Phone Richmond 1104

Day Dinners 30c

Sundays 50c

CRYSTAL WHITE LAUNDRY CO.

Regular Laundry Service and Wet Wash

Shirts finished out of Thrift Flat Work Ironed—Minimum

10 lbs. for 60c

and Dry Wash .....12c ea.

28 Tenth St., Richmond

LEGAL NOTICE

NOTICE TO CREDITORS
No. 9717.

In the Matter of the Estate of ANTONIO NAVONE, also known as A. NAVONE, Deceased.

Notice is hereby given by the undersigned, Adminstrator with the Will Annexed of the Estate of Antonio Navone, also known as A. Navone, deceased, to the creditors of, and to all persons having claims against said decedent to file them, with the necessary vouchers, in the office of the clerk of the Superior Court of Contra Costa County, State of California, or to exhibit them, with the neceesary vouchers, to the said Administrator at the law offices of Harold F. Sawallisch, American Trust Bldg., Richmond, California, the same being designated as the place of business in all matters connected with said estate, within six months after the first publication of this notice.

Dated, September 26, 1938.

JULIO MARIO NAVONE
Administrator with the Will Annexed of the estate of Antonio Navone, also known as A. Navone, deceased.

Publ. Sept-26, Oct-3-10-17-24

O A POULSEN
Jeweler
WATCH INSPECTOR FOR SANTA FE & S P R Y S
822 MACDONALD AVE
OPP FOX THEATRE

1½c A MILE RAIL-BUS

SAN FRANCISCO—LOS ANGELES—SAN DIEGO INTERMEDIATE POINTS

★ STILL LOWER rate on round trips. Tickets are good on Santa Fe Trains, including the streamlined, air-conditioned 'Golden Gate' and 'San Diegan' and in new streamlined air-conditioned buses. Only one low fare ticket required. You may travel by train or bus all the way or transfer from one to the other as often as desired (*offers convenient schedules for stopovers or travel from exclusive train points to exclusive bus points or vice versa*).

Santa Fe Station
410 Tenth St., Phone Rich. 2423
RICHMOND

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Ask Me Another

A General Quiz

The Questions

1. What people are considered the most law-abiding?
2. What is the highest state in the Union, in average altitude?
3. How high above sea level is its principal city?
4. What do the letters I. H. S. stand for?
5. A township is composed of how many square miles?

The Answers

1. Generally speaking, the Finlanders are the most law-abiding. A police system is not necessary.
2. Colorado.
3. Denver is one mile above sea level.
4. Jesus Hominum Salvator (Jesus the Savior of Men), more correctly IHS, the first three letters in the name Jesus in Greek.
5. A township is composed of 36 square miles.

NO ONE IS IMMUNE TO ACID INDIGESTION

But Why Suffer? *Here's how you can "Alkalize" anytime—anywhere—the easy "Phillips'" way!*

WHY SUFFER from headaches, "gas," "upsets" and "biliousness" due to Acid Indigestion—when now there is a way that relieves excess stomach acid with incredible speed.

Simply take two Phillips' Milk of Magnesia Tablets at first sign of distress. Carry them with you—take them unnoticed by others.

Results are amazing. There's no nausea or "bloated" feeling. It produces no "gas" to embarrass you and offend others. "Acid indigestion" disappears. You feel great.

Get a bottle of *liquid* "Phillips'" for home use. And a box of Phillips' Milk of Magnesia *Tablets* to carry with you. But — be sure any bottle or box you accept is clearly marked "*Phillips'*" Milk of Magnesia.

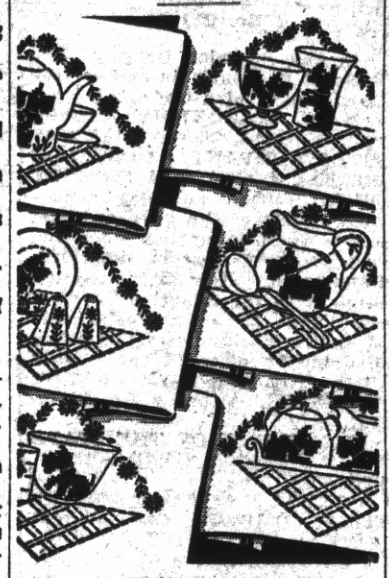
PHILLIPS' MILK OF MAGNESIA

★ IN LIQUID OR TABLET FORM

CLASSIFIED ADVERTISING

▲ ▲ ▲ Have you anything around the house you would like to trade or sell? Try a classified ad. The cost is only a few cents and there are probably a lot of folks looking for just whatever it is you no longer have use for.

Give Kitchen Towels 'Wee Bit o' Scotch'



Pattern 6113.

Towels that are a wee bit different make kitchen chores a joy! What fun to embroider these yourself in simple stitches and bright colors. Make a set for a friend. They're welcome gifts! Pattern 6113 contains a transfer pattern of 6 motifs averaging 7¼ by 9¾ inches; materials needed; illustrations of stitches; color schemes.

To obtain this pattern, send 15 cents in stamps or coins (coins preferred) to The Sewing Circle, Household Arts Dept., 259 W. 14th St., New York, N. Y.

Please write your name, address and pattern number plainly.

Humble by Mistakes

The best of men and the most earnest workers will make enough of mistakes to keep them humble. Thank God for mistakes and take courage. Don't give up on account of mistakes.—Dwight L. Moody.

NERVOUS?

Do you feel so nervous you want to scream? Are you cross and irritable? Do you scold those dearest to you?

If your nerves are on edge and you feel you need a good general system tonic, try Lydia E. Pinkham's Vegetable Compound, made *especially for women.*

For over 60 years one woman has told another how to go "smiling thru" with reliable Pinkham's Compound. It helps nature build up more physical resistance and thus helps calm quivering nerves and lessen discomforts from annoying symptoms which often accompany female functional disorders.

Why not give it a chance to help YOU? Over one million women have written in reporting wonderful benefits from Pinkham's Compound.

Not Humanity

Without a friend, what were humanity?—Byron.

HEADACHE?

Here is Amazing Relief for Conditions Due to Sluggish Bowels

Nature's Remedy (NR Tablets)

If you think all laxatives act alike, just try this all vegetable laxative. So mild, thorough. Its freshing, invigorating. Dependable relief from sick headaches, bilious spells, tired feeling when associated with constipation.

Without Risk get a 25c box of NR from your druggist. Make the test—then if not delighted, return the box to us. We will refund the purchase price. That's fair. Get NR Tablets today.

NR TO-NIGHT TOMORROW ALRIGHT

ALWAYS CARRY TUMS — QUICK RELIEF FOR ACID INDIGESTION

ADVERTISING

ADVERTISING

Is as essential to business as is rain to growing crops. It is the keystone in the arch of successful merchandising. Let us show you how to apply it to your business.

Star Dust

★ *Consolation Prize*
★ *No Publicity Wedding*
★ *Rolling Home Next?*

By Virginia Vale

IT LOOKS as if the skids had been put beneath another foreign star. Columbia has had Dolly Haas on the payroll for a year—at $1,250 a week, which may be is a tidy little sum and nothing more to Columbia, but is a lot of money to a lot of us—and she was scheduled to play the lead in Lubitsch's "The Shop Around the Corner." She didn't make any other pictures; just waited for that one.

So—Lubitsch recently moved into the Selznick-International studio, ready to begin work on the picture, his first as head of his new unit in association with Myron Selznick. But he wanted, not Dolly Haas, but Janet Gaynor, for the lead. A disappointment for the lovely Viennese, no doubt. Incidentally, the demure Janet goes right on increasing in feminine charm all the time.

Janet Gaynor

✳

Ronald Colman's marriage to Benita Hume rather startled a lot of people, who felt sure that he'd never marry again. It wasn't exactly the sort of ceremony that might have been expected, but Colman's knowledge of the publicity that attends any star's wedding no doubt prompted him in keeping his application for a license secret, and having a police judge perform the ceremony.

Ever since 1920, when he and his first wife separated, there have been rumors to the effect that the dashing hero of "If I Were King" was going to marry someone or other, although he has never been one of those young men about Hollywood who used rumored romances as a sure-fire way of garnering publicity. The beautiful Benita is just the wife one would select for him—best wishes to them both!

✳

The fates seem to be agin' Ralph Bellamy, so far as owning a home is concerned. Last winter the California floods washed away his $50,000 home in North Hollywood. This summer the Connecticut hurricane washed away the house and much of the land on his farm in that state. Looks as if he'd have to buy him a trailer and settle down in that.

✳

Any time the movies need a young and handsome man to conduct an orchestra—and really conduct it, too—they can't do better than to raid the field of radio and take Macklin Marrow. He has been guest conductor of practically all the big symphony orchestras but the Boston and he is undeniably both young and handsome. What's more, it was accidentally, discovered, the other day, that he screens well.

✳

Dorothy Thompson, our most famous woman news commentator, has also discovered something about herself as the camera sees her. She's on the air now on a program that includes Phil Spitalny's orchestra, and the other day a picture was taken of him leading the orchestra, with her at the microphone. It couldn't be sent out to the papers; the dignified Miss Thompson—or Mrs. Sinclair Lewis, just as you like—looked exactly like a pretty blues singer.

✳

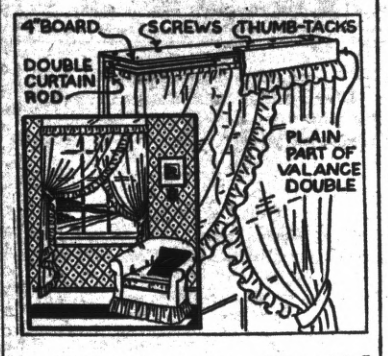
ODDS AND ENDS . . . Charlie Farrell's next stop on his come-back trail will be the male lead in "Tailspin," with Alice Faye . . . "Drums" ought to go down on your list of the new pictures that you must see . . . Paramount wasn't too pleased when their starlet, Ellen Drew, told Philadelphia reporters that she has a three-and-one-half-year old son.

© Western Newspaper Union.

HOW to SEW

By RUTH WYETH SPEARS

"DEAR Mrs. Spears:—I want to thank you for the clear diagram of how to hang draw curtains in your Book 1—SEWING for the Home Decorator. This was just what I have been needing as we have casement windows and no shades in our living room. With a pull of the cord my new curtains shut out the light or the outside view. I wonder if you would help me with another problem? I do not want to make the curtains for



the rest of the house. Thought I would buy ruffled net ones. Do you think they would be too commonplace? J. T."

Answer: Here is a suggestion for hanging ruffled curtains that will make your windows a little different from those of your neighbors and lend no end of style to your rooms. Double curtain rods are needed to give the crossed effect and a valance board is added to the top of the window as shown. Here the valance is the sort that comes with ready made curtains and the top is folded back to make it double. In thumbtacking it to the valance board, do not stretch it—just "ease it on" so that it hangs well. If you feel that the windows need color, the valance and tie backs may be of plain glazed chintz that repeats the strongest color in your room color scheme. A contrasting valance may be either plain or gathered.

Let Father and Young Son and Little Sister help you make the home a center of interest. Book 1—SEWING, for the Home Decorator contains many useful things that every one may take a hand in making. Book 2 shows you with pictures how to make many novelty gifts. Books are 25 cents each. Order both books today and get the patchwork quilt leaflet picturing 36 authentic embroidery stitches free. Address: Mrs. Spears, 210 S. Desplaines St., Chicago, Ill.

Uncle Phil Says:

Too Few Map Out

If a young man maps out a career he generally achieves it.

An ounce of persuasion is better than a pound of compulsion.

Contentment has one advantage over wealth; people don't try to borrow it from you.

Because He Fails to Marry

From a bachelor's viewpoint marriage is a failure.

One who is always doing favors hardly ever expects as many to be done for him.

We should strive to forgive and forget, but it always seems so much easier to forget our friends than our enemies.

A Three Days' Cough Is Your Danger Signal

No matter how many medicines you have tried for your common cough, chest cold, or bronchial irritation, you may get relief now with Creomulsion. Serious trouble may be brewing and you cannot afford to take a chance with any remedy less potent than Creomulsion, which goes right to the seat of the trouble and aids nature to soothe and heal the inflamed mucous membranes and to loosen and expel germ-laden phlegm.

Even if other remedies have failed, don't be discouraged, try Creomulsion. Your druggist is authorized to refund your money if you are not thoroughly satisfied with the benefits obtained. Creomulsion is one word, ask for it plainly, see that the name on the bottle is Creomulsion, and you'll get the genuine product and the relief you want. (Adv.)

Checks for illegal Slot Machines, pintables. Nonmagnetic, 233% profits for retailers. Bay Stamping, West Depere, Wis.

Every Family Needs This

FREE BOOKLET

on

TOOTH CARE

Your Health Tomorrow May Depend on the Care of Your Teeth Today

BUILDING AND MAINTAINING HEALTHY TEETH from Infancy to Old Age

WIVES! Mothers! Husbands! Every member of your family will benefit if you send for the comprehensive booklet, "Building and Maintaining Healthy Teeth—From Infancy to Old Age," offered free by C. Houston Goudiss.

It names the food substances, and the sources from which they may be obtained, required to help build and keep teeth sound and healthy. It explains the proper technique of correct dental hygiene and lists a number of important rules for dental health.

Address C. Houston Goudiss, 210 So. Desplaines St., Chicago, Ill., for your copy of this valuable booklet. A post card is sufficient to carry your request, but be sure to write your full name and address distinctly.

TO GET BACK

Henpeck—Don't you feel the need of more power at home?

Motorist—No; usually feel the need when I'm fifty miles away.

Practical Minded

"Ah!" sighed the tourist, soulfully, "what a view! So magnificent—so grand! Makes a man feel like a little grub."

"Good idea," replied his girl companion. "I could put away a nice big sandwich."

FACTS YOU SHOULD KNOW

IF YOU TAKE ASPIRIN TO RELIEVE HEADACHE OR RHEUMATIC PAIN

This Quick Dissolving Property Explains Fast Relief Thousands Get with Bayer Aspirin

If you suffer with headaches or the pains of rheumatism or neuritis, keep the above picture about genuine Bayer Aspirin in your mind. Especially if quick relief is what you want.

For the way a Bayer Tablet works in the glass is the way it works when you take it. It starts to dissolve almost at once — hence is ready to "take hold" of the rheumatic pain or headache with astonishing speed. Relief often comes in a few minutes.

Always ask for "BAYER Aspirin" —never ask for "aspirin" alone.

15c FOR 12 TABLETS
2 FULL DOZEN 25c

HELP KIDNEYS

To Get Rid of Acid and Poisonous Waste

Your kidneys help to keep you well by constantly filtering waste matter from the blood. If your kidneys get functionally disordered and fail to remove excess impurities, there may be poisoning of the whole system and body-wide distress.

Burning, scanty or too frequent urination may be a warning of some kidney or bladder disturbance.

You may suffer nagging backache, persistent headache, attacks of dizziness, getting up nights, swelling, puffiness under the eyes—feel weak, nervous, all played out.

In such cases it is better to rely on a medicine that has won country-wide acclaim than on something less favorably known. Use *Doan's Pills*. A multitude of grateful people recommend *Doan's*. Ask your neighbor!

DOANS PILLS

CLASSIFIED DEPARTMENT

BUS TRANSPORTATION

Free Meals and Pillows

Lowest Fares to All Points
ALL AMERICAN BUS LINES INC.
For information consult your local agent or
Los Angeles: 629 S. Main TR. 0951
San Francisco: 40 Eddy EX. 2986

COFFEE

BETTER coffee by mail, 4 lbs. "KONA" or Bogota $1. 3 lbs. "Pure Java & Mocha" $1. post paid. Whole berry or ground to suit. Money refunded if not satisfied. Consumers Wholesale Co., 1613-3rd., San Diego.

MAGAZINES

SMALL STOCK MAGAZINE — America's leading magazine devoted to commercial and fancy rabbit industry. Introductory, year 50c; sample 10c. Dept. P, Lamoni, Iowa.

PERSONALS

ANY girl in trouble or distress apply to Mrs. Colonel S. Harris, the Salvation Army Headquarters, 115 Valencia St., San Francisco.

PIPE

SAVE ON PIPE
VALVES — FITTINGS
Tested reconditioned pipe at attractive prices. Write for prices and booklet.
PACIFIC PIPE CO.
207 Folsom St. San Francisco

SAN FRANCISCO HOTELS

TRAVELER'S HOTEL
255 O'Farrell St. near Powell
$1.50 TO $2.50 PER DAY
Nothing Higher
FREE GARAGE

Godfather of the Constitution

Charles de Secondat, Baron de Montesquieu has been called the godfather of the American Constitution. His works, entitled "The Spirit of Laws" and "The Separation of Powers," profoundly influenced American history. James Madison was thoroughly imbued with Montesquieu's idea and adapted some of the major ones.

Stars of American Flag

A widespread misconception about the American flag is that each star represents a particular state and that the stars are arranged in the order in which the states entered the Union. Actually, says Collier's Weekly, the stars represent the states collectively, not individually, and no word to the contrary can be found in any government document.

Red Sails in the Sunset

Concarneau, one of Brittany's famous fishing ports, has an unofficial ceremony every spring which is probably the most "colorful" in Europe. It is the annual painting and dyeing of the sails on the fishing boats in bright hues of red and blue in preparation for the summer's work.

Cadence and Cadenza

In music, a cadence is the close or fall of a strain, such as a sequence of chords ending a phrase with an effort of harmonic completion. A cadenza is a parenthetic flourish or flight of ornament in an aria, or other solo composition, or in a solo passage in a concerto, usually just before a cadence.

Largest Spanish Speaking City

Buenos Aires, Argentina, is a city of exuberant wealth and extravagance. It is the largest city south of the equator and the largest Spanish-speaking city in the world. One-fifth of the people of Argentina live in Buenos Aires.

Asbestos Long in Use

Asbestos has a distinguished pedigree, beginning in mythology when it was believed to be the skin of salamanders, who supposedly dwelt in fire. Asbestos has been woven into funeral shrouds for Roman emperors.

Kangaroo Leather Is Strong

Kangaroo leather is the strongest known for its weight and thickness. It is soft and fine grained and does not scuff easily.

Dog May Weigh One Pound

The Chihuahua dog may weigh as little as one pound.

WHAT to EAT and WHY

C. Houston Goudiss Discusses Vitamins And Vision; Explains How and Why You Should Feed Your Eyes

By C. HOUSTON GOUDISS

FOR a number of years, scientists have stressed the importance of a well-balanced diet as a means of maintaining health, promoting growth and preventing disease. Recently, an even more significant development has occurred. *It has been determined that a carefully chosen diet is absolutely necessary to preserve the general health and efficiency of every bodily function and that there is a close relationship between a good diet and good eyesight.*

Your Food and Your Eyes

Many people regard their eyesight as one of the five senses which operate in some mysterious manner of their own! If they suffer from indigestion, they recognize that it is quite apt to be due to something they ate. If they are troubled with stomach, liver or kidney complaints, they quickly appreciate that prolonged dietary indiscretions may be at the root of the trouble. But **it never occurs to them that what they eat may affect the eyes just as profoundly as it affects the internal organs.**

It is not uncommon, during an attack of biliousness, to suffer a disturbance of the vision. But that disturbance usually disappears with the disorder that caused it. **On the other hand, a deficient diet may produce eye troubles that have a far reaching effect upon health, efficiency, and even personal safety.**

Night Blindness Explained

For example, it has been established that there is a definite relation between your vision and the vitamins in your diet; between your ability to drive a car safely at night, and the amount of vitamin A-containing foods that you consume.

To understand this astonishing fact, it is necessary to know that vision under faint illumination is accomplished by means of chemical changes in the pigment at the back of the eye. This is known as the "visual purple" of the retina and one of its important components is carotene, which is the active form of vitamin A.

The visual purple might be compared to the film in a camera. When you are in a dim light and the eyes are suddenly exposed to bright light, the visual purple is greatly reduced or bleached. This change results in a stimulation of the optic nerve and enables you to see clearly.

When an adequate supply of vitamin A is present in the body, the visual purple is rapidly regenerated. But when the supply is inadequate, a much longer period elapses before the corrective chemical change takes place. During the intervening time, many people find it difficult to see.

That is the condition known as "night blindness." **And it accounts for the fact that a large proportion of serious motor accidents occur at night. Victims of this deficiency disease are first blinded by approaching headlights, then cannot quickly readjust themselves after the oncoming car has passed. Their ability to drive safely is subsequently impaired for they cannot clearly see the road ahead, and they may miss dangerous curves, pedestrians or other vehicles.**

A Common Complaint

Unfortunately, the prevalence of night blindness is not generally recognized, though it is held that urban dwellers are more conscious of it than those living in the rural areas. This is borne out by the fact that ocular disorders from vitamin deficiency are less common in urban than in rural areas.

Children Often Victims

Since the discovery of the close connection between vitamin A and the ability to see in dim light, scientists have tested large numbers of school children to determine whether vitamin A was present in their diet in adequate amounts. It was revealed that from 26 to 79 per cent of the children examined had incipient night blindness.

The same deplorable conditions were found among adults. Mild to moderate degrees of vitamin A deficiency were present in from 10 to over 50 per cent of each group tested.

Yet here is the remarkable thing—in nearly every case, a diet rich in vitamin A for a few weeks restored the vision to normal.

A Significant Experiment

An even more striking example of the power of food to affect the eyesight is to be found in the report of an experiment in which breeding sows were given food in abundance but lacking vitamin A for 160 days before and for 30 days after breeding. **In three litters of 35 pigs, all were blind. In another litter of 14 pigs, all were sightless. But under normal feeding, the same animals produced litters of pigs with normal eyes and vision. This experiment justifies the conclusion of one of our most noted food scientists, that the deficiency of essential food elements may so alter vital processes that even pre-natal changes may occur.**

Cause of Other Eye Disorders

Night blindness is not the only eye disease caused by an improper diet. Xerophthalmia or conjunctivitis, characterized by excessive dryness of the eyeball, has long been known to be caused by a vitamin A deficiency. It is also well known that a liberal amount of this vitamin will prevent that serious disease and will even effect a cure where destruction of the cornea has not progressed too far.

This suggests the tremendous importance of including in the diet foods rich in vitamin A—cod- and other fish-liver oils; milk and other dairy products; green leafy and yellow vegetables; and egg yolk.

Experiments with rats, whose dietary requirements are similar to those of man, show a close connection between cataract and a deficiency of another vitamin—vitamin G. This is found most abundantly in meat, milk, eggs, fruit and vegetables.

Were she concerned about protecting the blessing of good eyesight alone, that would be sufficient reason why every homemaker should plan meals that are rich in vitamins. But it is not only the eyes which are dependent upon vitamins, for they have many other functions to perform.

An improper diet may cause people to drive automobiles blindly at night so that they are dangerous not only to themselves and their passengers, but to everyone on the streets and roads. A deficient diet will also send them through life with half-efficient bodies, half-efficient brains, half-efficient senses.

That is why I urge you to learn everything you can about food, so that in planning meals you will not only feed your eyes, your husband's eyes and your children's eyes, but will take advantage of the wonderful discoveries of nutritional science to make every member of the family so efficient that they will enjoy the best of health each day of their lives.

©—WNU—C. Houston Goudiss—1933—33.

Favorite Recipe of the Week

Pumpkin Cake.

½ cup shortening
1¼ cups sugar
2 eggs
2¼ cups flour
3 tsp. baking powder
½ tsp. salt
½ tsp. cinnamon
½ tsp. ginger
½ tsp. nutmeg
1 cup cooked pumpkin
¾ cup milk
½ tsp. soda
½ cup chopped nuts

Cream shortening, add sugar gradually. Blend in well beaten eggs.

Sift flour before measuring. Then sift flour, baking powder, salt and spices together.

Mix pumpkin and milk, stir in soda, add flour to pumpkin and add this alternately to cream mixture.

Pour in 8-inch pan, well greased, or in two layer pans.

Bake 50 to 55 minutes for loaf, and 35 minutes for layer cakes. Oven, 350 degrees.

Cover With Mocha Icing.

¼ cup butter
1¼ cups sugar, powdered
1 tbs. strong coffee
¼ cup chopped almonds

Cream butter, add powdered sugar gradually, and cream well. Add coffee. Beat until light, and add chopped nuts.

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Turkey has a total area of 294,492 square miles of which 9,231 are in Europe and 285,231 are in Asia.

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About 300 varieties of plant pests are barred by the United States.

Watches Once Small Clocks

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Conquering Difficulties

The wise and the active conquer difficulties by daring to attempt them.

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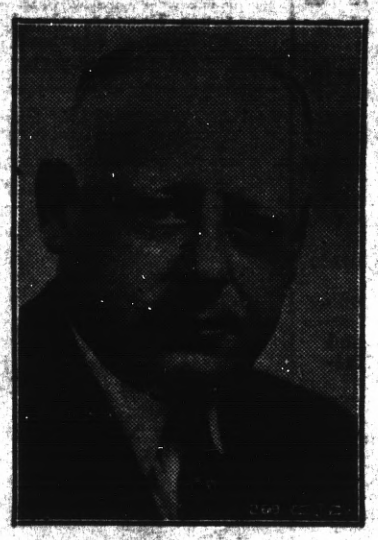
A Declaration of Principles & Policies



INDEPENDENT
CAPABLE
PROVED
PERFORMANCE

As a candidate for sheriff of Contra Costa County, Ifeel the people are entitled to know my attitude on law enforcement and upon policies of public interest and concern.

Well in advance of election day, I am stating them herewith:

1.—I do not favor the enforcement of one law above another. I believe in the enforcement of all laws irrespective of the group or the individuals that may be involved or concerned. I do not believe in special privileged groups.

2.—I recognize there are diversified interests in Contra Costa County—agricultural, industrial, business, labor, small home owners--and that one, as much as the other, is entitled to the protection and the remedies the law affords. I pledge myself to impartial adcinistration of all statutes as they affect or concern each and every group.

3.—I do not believe in a system that hits the LITTLE FELLOWS and lets the BIG FELLOWS go merrily on. In this respect, I pledge myself to a rigid and complete cleaning out of the BIG TIME GAMBLING interests that have flourished so long and I specifically pledge action that will be REAL ACTION against "Black Jack" Jerome, the opetator of the El Cerrito dog track and other gambling interests.

4.—I pledge a program of crime prevention will be initiated and that an understanding program of work with juveniles will be followed, based upon the experience that has been mine as school attendance officer of this county. I propose to assign one member of my staff to work with boys, organizing clubs such as have been inaugurated in Pittsburg, where the work has proved so successful.

5.—I propose to seek for deputies of the office, if such is possible as the law is now constituted, civil service ratings that would remove them from the realm of politics.

6.—I pledge appointment of an undersheriff and deputies who will be required to meet rigid standards of moral and intellectual character, affording opportunity to present deputies to quality.

7.—I pledge that the attorney general of the state will never have cause to come into Contra Costa County to enforce the law against BIG FELLOWS in the gambling recket.

8.—I will devote my energies to the operation of the sheriff's office and to that alone and will not meddle.

9.—I will seek to restore active co-operation of police chiefs and constables of the county and the sheriff's office.

10.—I propose to send to the federal G-man school in Washington a member of my staff to have him learn modern, efficient crime detection methods and then have him accord to the balance of my staff the benefits of the schooling he will receive from an organization that has worldwide renown. The federal government holds such service open to county governments. I hold this federal agency in high regard and respect and believe it affords an opportunity that should be embraced. If Scotland Yard can profit from the service of the G-man school, so can Contra Costa County. It is not a program that would be expensive. I am for it, heart and soul.

Do You Really Want the Rackets Smashed?

Some of these points can be amplified by a statement of facts, some of which are unknown to the people of the county. Actions always speak plainer and more eloquently than words and for that reason I cite them.

I am unalterably opposed to "Black Jack" Jerome and his type. He is unalterably opposed to me because he knows, if the majority of the people do not, that I am dead against him and his illegal dog track and other illegal interests.

Many of the people know my attitude; many may not. I have made public declarations time and time again before western Contra Costa County organizations of my attitude toward Jerome. I did so in this campaign, and I have publicly stated my position on numerous occasions prior to this campaign.

Jerome's dog track is a brazen disregard of the law. I pledge that I shall wage an unceasing and EFFECTIVE FIGHT against it and its operator. Dog tracks have tried and failed to get into Alameda County. Jerome's illegal business does not have to be tolerated in this county.

Let me say this—there is no illegal venture that can survive the power of the law if the law is turned against it determinedly and unceasingly.

If I am elected sheriff and I fail within 15 days after taking office to move to close the track, providing it is operating, I pledge here and now that I will submit my resignation.

I'm not bluffing; I mean business; Jerome knows it and is fighting me.

I want to tell you some things you have never been told before and I am telling them now because I know the propaganda that is being carried on. I know the paid campaigners are saying that "If Reggiardo is elected, there will be a wide open county." The county is wide open right now.

ACTIONS COUNT; TALK IS CHEAP

As liquor enforcement officer of this county, I made recommendations for the revocation of the liquor licenses of our establishments because they conducted gambling games. Four of them, ALL OF THEM BIG FELLOWS, ONE OF THEM A LICENSE IN WHICH JEROME REPUTEDLY IS INTERESTED. THAT'S A MATTER OF PUBLIC RECORD.

These four establishments are in western Contra Costa County, and the operators of every one of them are fighting me. Does that mean anything to you? How does the propaganda look in the face of that performance?

I also made recommendations for the revocation of liquor licenses that had been obtained by houses of prostitution.

You can anticipate a question that may be asked: Why, then, did he not arrest them? Anyone knows full well that these operators of big gambling establishments are clever enough to keep their gambling rooms away from their bars, and you know that a hearing is required to revoke a license. I did my duty and I did it with a will.

I have said that I believe in law enforcement and I think that Record, NOT TALK, demonstrates it. Particularly, do I mean law enforcement for the BIG FELLOWS, who have been for months and are now operating WIDE OPEN with seeming immunity.

I want to tell you this—never before revealed to the people. When the efforts of other officials failed to close the Willows club near Orinda and after there had been one abortive gambling raid that was followed by "ringers" being foisted on the court, I secured the evidence of liquor law violations that closed the establishment. The proof of this can be supplied by Constable Russell Stow of Walnut Creek.

This is what I want to stress to you. It is against the law for a candidate to offer a job. I have offered none. The people may rest assured that the men I shall have as deputies will be competent and of high moral character. I have in mind a man I desire as undersheriff. I have not offered him the job but if I am elected I propose to seek his services for Contra Costa County. He has not previously been in county service, but is admirably suited for the position through a firm foundation in law and he is not a man engaged in politics.

I hope you will give me credit for this much judgement—that I know I must provide as deputies men of the highest calibre and integrity and that I shall do.

The lack of any organized groups or cliques in my campaign leaves me entirely free of any demands for favors from old or new political organizations.

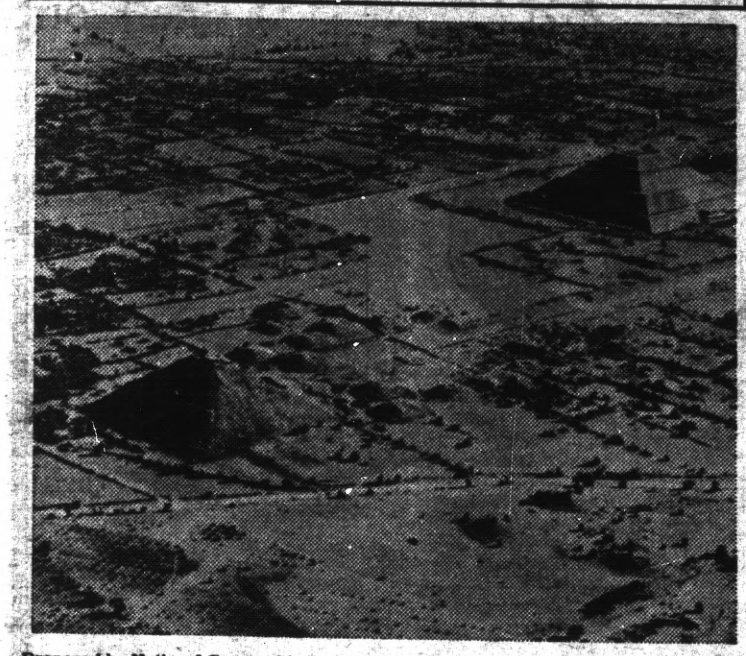
I make this statement to convey to you my attitude on public policies. If you believe in the program I have outlined, I solicit your support at the November election.

(Signed) ANTHONY REGGIARDO

Elect Anthony Reggiardo Sheriff

MEXICO—*Marvel of History*

● Long before Columbus, Aztec Indians lived under a mixed monarchy-democracy in which might was not always right.



Relics of a civilization which antedated the coming of the Spaniards are shown here. The pyramids of the sun and the moon of San Juan Teotihuacan, photographed from the air, give imposing evidence of the industry and ability of the ancient builders.

Prepared by National Geographic Society, Washington, D. C.—WNU Service.

AZTEC warriors generally wore armor made from quilted cotton, three-fourths to an inch and a half thick, soaked in brine. Sometimes the legs also were encased in quilted armor and the outside of the entire suit was frequently covered with feathers, plates of gold, or of silver. The feathers played an important part in that they formed an elastic layer on the outside of the quilted cotton and made it even more effective protection.

The protection offered by such apparel was so effective against arrows and javelins that the Spaniards adopted and wore it. The use of feathers also made possible a differentiation of costume that indicated various subdivisions and companies in the military forces. Some uniforms had white and red feathers, others blue and yellow; some were green, and others simulated actual birds.

Some groups wore animal skins over their armor or painted it to resemble animals. Warriors of merit wore headdresses, half mask, half helmet, many of which imitated the heads of jaguars, mountain lions, wolves, snakes, birds, and other creatures. The principal leaders and war chiefs were distinguished by the cut of their hair, by lip and nose plugs, by their wide and flowing mantles, and by towering plumes of green feathers.

The ordinary dress of the priests was black; even their bodies were stained black. But the color of the sacrificial priest was red. On the occasion of certain ceremonies various priests represented different gods and dressed accordingly. The habitations of the farmers and poorer classes were wattle and daub with thatched roofs.

Many of the houses were erected on piles because of the swampy condition of the city and the frequent floods. The walls of the structures in Tenochtitlan and other towns around the lake were covered with white plaster or were colored a dull, rich red.

Early American Beauty

From all accounts it was indeed a beautiful place. The green of its numerous trees, the sparkling blue waters of the surrounding lake and many canals, the gay splashes of color from flower beds on the roof tops and in the gardens, the multitude of canoes loaded with products from the field and garden, and the brightly hued garments of the populace, all contrasted with the white and dull red of the buildings to make an enchanting scene.

The daily life of the people was a busy one. Women were occupied with numerous household duties. The rooms and courtyards were carefully swept and cleaned. Corn, or maize, was ground to make meal for the tortillas, even as it is ground today in many parts of Mexico. There were rich sauces and other foods to prepare.

The older men taught the young boys. When they became older they were sent to schools and prepared for either the priesthood or the military service, or were apprenticed to merchants or artisans. There were schools for girls as well, but unless they went into one of the religious orders their education was not so rigorous as that of the boys. Girls were married between the ages of 11 and 18, all arrangements being made by their parents or priests.

Democratic Government

Whether the entire organization was a monarchy or a democracy is largely a matter of definition. Even after the inheritance of office became established, men were nominally elected to their positions and when not satisfactory were ousted.

There were slaves, but they were not slaves in the present accepted sense of the word. The labor of people in this group belonged to another, but their persons did not, and it was entirely possible for a slave to have slaves of his own. The owner of a slave's labor could not sell it to another person without the consent of the laborer.

The organization of the city was elaborate. After settling on the islands the Aztecs separated the area into four quarters. In each of these was a phratry composed of kindred peoples or those of common descent. There were 20 Kin to a phratry. Each Kin elected and deposed its own officers, consisting of a governor and a group of "Elder Brothers," or council.

At the head of each phratry was a war captain. These four captains served on the great council of the tribe in company with one representative from each Kin, Elder Brothers, and certain of the temple priests. There was a smaller council, composed of one speaker from each Kin, which met every 20 days in a directing and judicial capacity.

At the head of the entire tribal organization were the Chief of Men and the Snake "Woman." The Chief of Men, elected by the council, was the executive officer. He later became the king or emperor. Toward the end of the Aztec dominance in the Valley there was a definite lineal descent of the office of Chief of Men, but even then he was voted upon by the council.

Crime and Punishment

There were two major divisions of crime among the Aztecs. One was the crime against a person's own group, the other an offense against another group. The group to which an offender belonged was obligated to see that he was brought to justice. Murder was punishable by death. Intemperance, except for those who had attained to the age of 70 years, also carried the death decree. Theft had varying degrees of punishment, according to the amount or nature of the stolen goods and the number of offenses charged against the individual. The stealing of gold or silver was a major crime and offenders were flayed.

A priest who broke the law was put to death. Slanderers were punished by their own kin. They had their lips cut off.

The legislative power was vested in the ruler. He laid down the laws and stipulated the penalties for violations of his edicts. Each phratry had a magistrate, elected for personal ability and integrity.

With carefully carved knives like these, the domineering priests of Aztec times cut out the hearts of sacrificial victims.

The Aztecs were remarkable for their day and age; in fact, were superior to some modern governments, because there was an impartial treatment of all cases brought before the magistrates. The lowliest laborer and the richest noble were accorded equal justice.

Java's Water Kastel Is Reminder of Harem Days

It appears that the Water Kastel, a famous attraction, was designed and built by a Portuguese architect about the year 1758, writes Eleanor N. Knowles, Djoca (Java) correspondent in the New York Times. It was in use until destroyed by earthquake in 1867. In its heyday it was complete with beautiful water gates and buildings of plaster and masonry, Portuguese in design, together with a complete subterranean establishment. From the ruins as we studied them there seemed to have been passageways bringing a low water level, as in one of the water palaces in use by a Prince of Bali. Because of the high retaining walls, the water could probably be raised to a higher level to keep out intruders.

One of the stories of its beginnings was that the water protection was to keep out invasions of the Sultan of Solo, or Surkarta, to the south. At the first hint of invasion the owner would retire with his harem to the subterranean quarters, there to remain until his faithful army had routed the foe. Since the Water Kastel was constructed a few years after the territory of Mataram was divided into the states of Jagjakarta, Surkarta and Mangkoenegoran, and there are historical records that much quarreling existed between the Sultans in the early days, there is probably some truth to the tale.

Fine Frocks of Real Silk Bespeak Ladylike Trends

By CHERIE NICHOLAS

THIS fall a new type of woman has come into fashion, a type more feminine, more enchanting, more discerning—a woman whose personality requires a wardrobe of individuality, quality and ladylike elegance.

Superb collections are available in the best shops, to be sure, but if the dress of milady's choice happens to go beyond her budget, what then? Many smart women have found their answer in pattern dresses made by themselves or by "little dressmakers."

They get the very best of material and glory in its elegance. In purchasing silk they demand none other than "pure silk," knowing it can be depended upon for sewability, drapability, cleanability and wearability. The result is an individualized gown that flatters the face and figure, is hand finished and costs only a fraction of the better custom-made gowns. Small wonder is it then, that the woman who does her own sewing, or who has a dressmaker, does not look standardized, commonplace or uninteresting.

What a treasure chest of sumptuous silk weaves are at her disposal this fall! For, according to the great silk parade of fall fashions that takes place nationally each year in stores throughout the country, the silks from which she can make her selection are simply fascinating and that versatile there's a silk tuned to every phase of fashion.

At the fashion and silk merchandise forum held recently in New York, Manhattan's most charming mannikins paraded in gowns made of the season's swankiest silks, ensembled and accessoried in a manner that spelt Paris. While these dresses had a highstyle custom look seen only in the great salons the inspiring message conveyed in regard to them was that they can be made by the most inexperienced sewer with patterns available even in small communities.

Here are a few "pointers" gleaned at the great silk forum fabric revue that should help in carrying out a home-sewing program. Daytime dresses are in plain and novelty silk crepe, silk satin, silk jersey, silk twills and silk duvetyne such as yield gracefully to supple, slender silhouette treatments. Skirts keep a slim line with interest centered in sleeves and bodice. Silk crepes look smart when combined with a contrasting color in the same wave, carrying out the now-so-chic bi-color scheme. Paris says "fitted" is the word for most bodices, waistlines are slender, and yokes are strongly characteristic of dresses reflecting 1900 influence. Evening gowns are either slim and supple or stiff and bouffant.

Apropos of the simple dress that you can make yourself of elegant fabric, we call your attention to the shirtwaist frock (Paris still adores shirtwaist types) to the right in the picture. It is of handsome black satin and has brilliants for buttons. Note the below-the-elbow sleeve. Paris also says shirtwaist frocks of glamorous materials for gala evenings. So why not make two shirtwaist frocks, one of black satin for practical wear and another of glimmering lame or gold-threaded silk weave for formal dates.

Very likable to copy is the model to the left. Here a gown simply fashioned of a novelty ribbed heavy silk sheer takes on dolman sleeves of black and gold silk lame in a coat-of-mail effect—ever so smart for bridge, matinee, cocktails, and "don't dress evenings."

Fashion Notes

Crowns on the new hats are higher than ever.

A soft, lovely treatment marks the new furs.

Sleeves are the whole show, more or less, this season.

New hats reflect a bit of Scotland in shape as well as color.

Persian blue and plum form one of the smartest color combinations.

New hats get their inspiration from stained glass cathedral windows.

Spring tints of pinks, greens and yellows are a surprising feature of the new clothes.

Wide-brimmed hats of two colors are ideally suited to emphasize a two-tone costume vogue.

Spiral sleeves of silver fox represent the height of luxury in the trimming of a winter coat.

A pair of pink gloves will prove the most arresting feature of a black costume for afternoon wear.

Your first fall hat is apt to be velvet. For immediate wear the beret of black velvet that shoots high to one side is a favorite.

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LALA PALOOZA — **Gonzales Is So Thoughtful** — **By RUBE GOLDBERG**

'KEEPING UP WITH THE JONESES' — **Eddie's Failing Has Him Again** — **By POP MOMAND**

SIGNED AND SEALED

She—Where there's a will there's a way.

He—Yes, but if I marry you, dad says he will leave me out of his will.

Perhaps Overstuffed

Tourists spending a few days in London dined one evening at an expensive restaurant. As soon as they were seated, a large tray of olives was placed on the table.

One of the men eyed them curiously a few minutes then beckoned the waiter.

"I don't want to give you any trouble," he said, "but I'd like to see the pods those green peas grew in."—Tit-Bits magazine.

Fore and Aft

He—Women are always happy before a glass.

She—Yes, and men are happy after a glass."—Providence Journal.

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HARMONY OF BODY MIND AND SPIRIT

By Taniz Tanagra

STARVATION DIETS

Body starvation . . that is the result of most of the fad and unprescribed diets.

Only the lazy person goes on a starvation diet to reduce. And if followed long enough this individual will be forced to be lazy for, like a locomotive, the body cannot run without fuel. Friends will tire of this individual's irritable disposition and attitude and leave them to be solaced by the remnants of a battered vanity in place of healthy gladness, pleasurable joy, and spontaneous enthusiasm.

Everything that you are or hope to be is in some measure dependent on your state of physical and mental health (and the unhealthy mind is, normally speaking, not found in a healthy body).

Starve your body and your reactions, disposition, attitude and character in general suffer. Common sense is rather beautiful where the body is concerned. For a healthy, vibrant body is to be sure more attractive than a poor, weakened and depleted one.

Indeed, I am not opposed to all diets. Diets are neccessary in two of the courses I teach. they are however subject to, or prescribed by the physician of the student. I believe many ailments not organic can be cured by diet, and that many organic conditions could have been prevented by proper diet in the beginning. But I am definitely opposed to the harm done by following the Fad diets . . as well as the diet the individual may work out for herself from a book giving caloric charts. "The true science of human nutrition is the ability to feed the body, both in quantity and selection, upon the things it needs, measured by the work it performs" and the layman is not able as a rule to do this properly.

No one can blame another for wanting to improve their appearance and look better in their clothes. Every one should have pride in appearance . . but do not be misled into thinking you can gain this without detriment to your health by any other method than a prescribed diet for your particular case, exercise, and plenty of will-power.

MRS. ROSE DINGLE IS MADE DISTRICT DEPUTY, O.E.S.

Mrs. Rose Dingle, twice Worthy Matron of the Point Chapter, Order of the Eastern Star, 1931 and 1935, was appointed District Deputy of the Grand Chapter of the Order at the session which has just closed in Oakland.

While members of the local chater have been elated over the appointment, we feel that the order has been honored with a deputy who will fulfill its obligations in a superlative degree. Mrs. Dingle is our idea of one, a member of the ranking order in the world of women should emulate, modest, efficient, and sincere in her efforts to enhance the good of the order as well as that of her community.

We feel sure the affairs of this district which includes Richmond Pinole and Crockett will be conducted in a manner to raise the standards of the Order and that Mrs. Dingle will be remembered long after her term is over for the benefits she will confer upon the chapters in her district.

Having served as treasurer during Mrs. Dingle's last year as Matron of Point Chapter, we are in a poition to speak with full information of the esteem in which the new Grand Deputy Matron is held in Richmond.

Richmond War Mother's Whist

A large crowd of whist players gathered at Memorial Hall on Thursday afternoon given by the Richmond Chapter of War Mothers. Mrs. Gracie Cole had charge of the affair and arranged for the prizes which were awarded to Mrs. Lillian Crane, Mrs. Marie McNeil, Mrs. Anna Keaton and Mrs. Maud Wimberley.

The newly elected corps of officers, headed by President-elect rs. Mary Wade of Point Richmond will be installed on November 3rd by the state officers.

Area of Turkey

Turkey has a total area of 294,492 square miles of which 9,2.7 are in Europe and 285,231 are in Asia.

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